

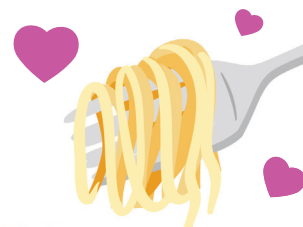
You can help!

BUY ONE EXTRA FOR BELLYFUL

Each month Bellyful cooks over 100 meals for families in the community. Our Beef Bolognese is one of the most popular – and we include a packet of dried spaghetti in every meal bag so whānau can cook it at home and enjoy a delicious spaghetti bolognese.



**You can help by donating
packets of dried spaghetti!**



To donate and to see how your donations are being used, or for further information, contact your local branch via www.bellyful.org.nz or Facebook.