

LET'S DISH UP SOME KINDNESS

You're invited to a special event in support of Bellyful – the volunteer-led charity delivering free nourishing meals to whānau doing it tough in our community.

You might be thinking: "Seriously? Dinner's sorted?"
Yep. Because those early years with little ones can be a lot – especially without a village.



Bellyful is here for whānau going through stress, illness, baby loss, or just the overwhelm of parenting without support. A few ready-to-eat meals, delivered with aroha, can be a real sanity-saver.

Let's raise funds to help fill freezers,
lighten the load, and share the love.



Together we're Filling Bellies,
Warming Hearts. Will you help?

PROUDLY SUPPORTING



Want to add your own event
details, or a logo?

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Canva template.](#)

